

Curriculum Vitae

Biographical Data

Name: Edward N. Shearin
Licensed: Maryland, New York
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Arlington, VA 22209

Education

1968 B.S. (Engineering Physics), Cornell University, Ithaca, New York
1981 B.A. (Psychology) San Francisco State University, San Francisco, California
1990 Ph.D. (Major: Clinical Psychology, Minor: Quantitative Psychology)
University of Washington, Seattle, Washington

Professional Positions (Psychology)

2001-present, Associate Professor, Department of Clinical Psychology, American School of Professional Psychology at Argosy University/Washington DC Campus.

2001-2002, Head and Associate Head, Department of Clinical Psychology, American School of Professional Psychology at Argosy University/Washington DC Campus

2000-2001, Director of Clinical Psychology Programs, American School of Professional Psychology, Arlington, Virginia

1999, Associate Director of Clinical Psychology Programs, American School of Professional Psychology, Arlington, Virginia

1996-2001, Associate Professor, American School of Professional Psychology, Arlington, Virginia

1995-1996, Psychologist, Substance Abuse Treatment Program, VA Medical Center, Baltimore, Maryland.

Clinical Duties:

Cognitive-behavioral treatment (individual and group) and assessment of personality disordered and substance dependent outpatients

1994, Instructor, Institute for Behavior Therapy, New York, New York.

1992-1995, Instructor of Psychology (Cornell)

Professional Associate (New York Hospital)

Department of Psychiatry, Cornell University Medical College and

The New York Hospital-Cornell Medical Center, Westchester Division

White Plains, New York

Clinical Duties:

-Senior Psychologist, providing clinical services (individual, group, and family

psychotherapy, discharge planning) to suicidal personality disordered inpatients on cognitive-behavioral extended treatment unit,

-Supervision of group and individual cognitive-behavior therapy (inpatient and outpatient),

-Supervision of Rapid Testing Service (inpatient)

1990-1992, Psychology Fellow, Department of Psychiatry
Bourne Behavioral Research Laboratory
Cornell University Medical College
White Plains, New York

1989-1990, Psychology Intern, Department of Psychiatry
Medical College of Pennsylvania at EPPI
Philadelphia, Pennsylvania

1988, Instructor, Department of Psychology, University of Washington.

1987-1989, Research Therapist, Suicidal Behaviors Research Clinic, University of Washington, Seattle, Washington

1987-1989, Predoctoral Research Associate (with Dr. Marsha Linehan), University of Washington, Department of Psychology

1984-1989, Predoctoral Research Associate (with Dr. Irwin Sarason), University of Washington, Department of Psychology

1984-1985, Research Therapist, Center for the Study of Relationships, University of Washington, Seattle, Washington

1984, Teaching Assistant, Department of Psychology, University of Washington. Courses: Social Psychology, Developmental Psychology.

1982-1989, Staff Therapist, University of Washington Psychological Services and Training Center, Seattle, Washington

Professional Positions (Engineering)

1971-1981, Senior Software Engineer, Project Manager
Systems Control, Inc., Palo Alto, California

1968-1971, Senior Associate Engineer
IBM Corporation, Menlo Park, California

Private Practice

1993-1995 New York Hospital, White Plains, New York

Consulting

1997-present Senior Trainer, Behavioral Tech, Seattle, Washington
Consultation and training to teams implementing Dialectical Behavior Therapy in public and private treatment facilities.

1997-1998 Northern Virginia Mental Health Institute

- Consultation on hard-to-manage/discharge patients with borderline personality disorder
- 1994-1995 Cedarcrest Regional Hospital, Newington, Connecticut
- 1994-1995 Connecticut Department of Mental Health, Hartford Connecticut
- The focus of these Cedarcrest and DMH consultations was to help the State of Connecticut develop a new, statewide treatment program for managing its severe personality disorder patients primarily on an outpatient basis rather than in long-term inpatient programs. This process included the provision of training workshops for both inpatient and outpatient staff in the use of Linehan's Dialectical Behavior Therapy and consultation on the development of training and treatment programs.

Courses Taught

Cognitive-Behavior Therapy, Dialectical Behavior Therapy for Borderline Personality Disorder, Adult Psychopathology, Program Evaluation, Research Methods, Seminar in Family Psychopathology

Special Training

- 1984-1987 Japanese language study: reading a variety of materials on Asian perspectives, writing, and conversation, approximately 15 hours per week for the three-year University of Washington program. Attained written fluency.

Professional Memberships

American Psychological Association
 Division 5 (Evaluation, Measurement, and Statistics)
 Division 12 (Clinical Psychology)
 Division 45 (Ethnic Minority Psychology)
 Division 50 (Addictions)
 American Psychological Society,
 Association for Advancement of Behavior Therapy
 International Society for the Study of Personality Disorders
 Society for the Study of Ingestive Behavior
 Maryland Psychological Association

Research Grants

Principal Investigator: Westchester Division Research Committee, New York Hospital-Cornell Medical Center. Characteristics of Borderline Patients with Eating Problems. 1992-1995.

Publications

Sarason, I. G., Sarason, B. R., Keefe, D. E., Hayes, B. E., & Shearin, E. N. (1986). Cognitive interference: Situational determinants and traitlike characteristics. Journal of Personality and Social Psychology, 51, 215-226.

- Sarason, I. G., Sarason, B. R., & Shearin, E. N. (1986). Social support as an individual difference variable: Its stability, origins, and relational aspects. Journal of Personality and Social Psychology, 50, 845-855.
- Linehan, M. M., Camper, P., Chiles, J. A., Strosahl, K., & Shearin, E. N. (1987). Interpersonal problem solving and parasuicide. Cognitive Therapy & Research, 11, 1-12.
- Sarason, I. G., Sarason, B. R., Shearin, E. N., & Pierce, G. R. (1987). A brief measure of social support: Practical and theoretical implications. Journal of Social and Personal Relationships, 4, 497-510.
- Sarason, B. R., Shearin, E. N., Pierce, G. R., & Sarason, I. G. (1987). Interrelationships of social support measures: Theoretical and practical implications. Journal of Personality and Social Psychology, 52, 813-832.
- Linehan, M. M., & Shearin, E. N. (1988). Lethal stress: A social-behavioral model of suicidal behavior. In S. Fisher & J. Reason (Eds.), Handbook of life stress, cognition, and health (pp. 267-287), Chichester, UK: John Wiley & Sons.
- Shearin, E. N., & Linehan, M. M. (1989). Dialectics and behavior therapy: A meta-paradoxical approach to the treatment of borderline personality disorder. In L. M. Ascher (Ed.), Therapeutic paradox (pp. 255-288). New York: Guilford.
- Sarason, B. R., Pierce, G. R., Shearin, E. N., Sarason, I. G., & Waltz, J. A. (1991). Perceived social support and working models of self and actual others. Journal of Personality and Social Psychology, 60, 273-287.
- Sarason, I. G., Sarason, B. R., Pierce, G. R., Shearin, E. N., & Sayers, M. H. (1991). A social learning approach to increasing blood donations. Journal of Applied Social Psychology, 21, 896-918.
- Shearin, E. N., & Linehan, M. M. (1992). Patient-therapist ratings and relationship to progress in dialectical behavior therapy for borderline personality disorder. Behavior Therapy, 23, 730-741.
- Shearin, E. N., & Linehan, M. M. (1993). Dialectical behavior therapy for borderline personality disorder: Treatment goals, strategies, and empirical support. In J. Paris (Ed.), Borderline personality disorder: Etiology and treatment (pp. 285-318). American Psychiatric Press.
- Russ, M. J., Shearin, E. N., Clarkin, J. F., Harrison, K., & Hull, J. W. (1993). Subtypes of self-injurious borderline patients. American Journal of Psychiatry, 150, 1869-1871.
- Shearin, E. N., & Linehan, M. M. (1994). Dialectical behavior therapy for borderline personality disorder: Theoretical and empirical foundations. Acta Psychiatrica Scandinavica, 89 (suppl. 379), 61-68.
- Shearin, E. N., Russ, M. J., Hull, J. W., Clarkin, J. F., & Smith, G. P. (1994). Construct validity of the Three-Factor Eating Questionnaire: Flexible and rigid control subscales. International Journal of Eating Disorders, 16, 187-198.

Kemperman, I., Russ, M. J., & Shearin, E. N. (1997). Self-injurious behavior and mood regulation in borderline patients. Journal of Personality Disorders, *11*, 146-157.

Shachnow, J., Clarkin, J. F., DiPalma, C. S., Thurston, F., Hull, J. W., & Shearin, E. N. (1997). Biparental psychopathology and borderline personality disorder. Psychiatry, *60*, 171-181.

Papers Presented

Shearin, E. N. (1985, April). Goals, challenges, and subjective well-being. Poster presented at the annual meeting of the Western Psychological Association, San Jose, California.

Shearin, E. N., Linehan, M. M., & Armstrong, H. E. (1988, November). Parasuicide and depression in borderlines: Which comes first? Poster presented at the annual convention of the Association for Advancement of Behavior Therapy, New York.

Shearin, E. N., Sarason, B. R., & Sarason, I. G. (1989, May). Social sensitivity and gender: Who tunes out? Paper presented at the spring convention of the Washington State Psychological Association, Whistler Resort, British Columbia, Canada.

Tomoyasu, N., Bowen, D. J., & Shearin, E. N. (1989, May). Sex differences in dietary intakes: Who's more at risk? Poster presented at the spring convention of the Washington State Psychological Association, Whistler Resort, British Columbia, Canada.

Shearin, E. N., & Linehan, M. M. (1991, May). Behavior therapy for parasuicidal borderline women. In M. J. Russ (Chair), Self-mutilation in borderline patients. Symposium conducted at the annual convention of the American Psychiatric Association, New Orleans.

Shearin, E. N., Linehan, M. M., & Mercier, E. K. (1991, November). Patient-therapist perceptions and relationship to progress in behavior therapy for borderline personality disorder. Poster presented at the annual convention of the Association for Advancement of Behavior Therapy, New York.

Shearin, E. N., Poeschla, B. D., Russ, M. J., & Clarkin, J. F. (1991, November). Impulsivity and eating in borderline patients. Poster presented at the annual convention of the Association for Advancement of Behavior Therapy, New York.

Shearin, E. N., Russ, M. J., Hull, J. W., Clarkin, J. F., & Smith, G. P. (1992, November). Construct validity of the Three-Factor Eating Questionnaire restraint subscales of flexible and rigid control. Poster presented at the annual convention of the Association for Advancement of Behavior Therapy, Boston.

Shearin, E. N., Clarkin, J. F., Russ, M. J., Hull, J. W., & Smith, G. P. (1993, January). Eating and affect change in borderline patients. Paper presented in R. Young, (Coordinator), Grand Rounds Research Conference, Department of Psychiatry, Cornell University Medical College.

Shearin, E. N., & Linehan, M. M. (1993, April). Dialectical behavior therapy for borderline personality disorder: Theoretical and empirical foundations. Paper presented at the Scandinavian Symposium on Borderline Conditions, Copenhagen, Denmark.

- Shearin, E. N., & Linehan, M. M. (1993, April). Contracting in dialectical behavior therapy. In M. Fitzpatrick (Chair), Setting the therapeutic contract with borderline patients: Dialectical Behavioral and psychodynamic approaches. Symposium conducted at the annual convention of the Society for the Exploration of Psychotherapy Integration, New York.
- Shearin, E. N., Clarkin, J. F., Russ, M. J., & Hull, J. W. (1993, October). Cognitive processes and parasuicide in borderline patients. Poster presented at the 1993 Fall Research Festival, Department of Psychiatry, Cornell University Medical College.
- Shearin, E. N., Russ, M. J., & Clarkin, J. F. (1994, November). Effect of meal type on food consumption, mood, and binge-purge ratings. Poster presented at the annual convention of the Association for Advancement of Behavior Therapy, San Diego.
- Shearin, E. N. (1999, April). Integration of dialectical behavior therapy and feminist theory for the treatment of domestic violence. In L. A. Bakry-Becker (Chair) & B. E. Wolfe (Discussant), An integrative treatment for court-ordered male spouse abusers: Using dialectical behavioral therapy within a feminist theoretical framework. Symposium conducted at the annual convention of the Society for the Exploration of Psychotherapy Integration, Miami.
- Shearin, E. N. (2000, November). DBT related treatment for batterers. Roundtable presented (with L. A. Bakry-Becker) at the annual convention of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, New Orleans.
- Shearin, E. N. (2001, November). Dialectical behavior therapy adapted for the treatment of partner-violent men. Roundtable (with J. H. Rathus, Moderator; L. A. Bakry-Becker, N. Cavuoto, A. E. Fruzzetti, & C. M. Murphy, Panelists) presented at the annual convention of the Association for Advancement of Behavior Therapy, Philadelphia.

Workshops and Invited Talks

- Dialectical behavior therapy for borderline personality disorder. Workshop presented (with M. M. Linehan and A. Saurez) to the Whatcom Counseling and Psychiatric Center of Bellingham, Washington, 1988, Seattle, Washington.
- Dialectical behavior therapy on the inpatient unit. Continuing education workshop presented (with M. M. Linehan and N. Tomoyasu) for the psychiatric nursing staff, University Hospital, 1988, Seattle, Washington.
- Treatment for borderline personality disorder. Workshop presented (with E. J. Wasson) to Kitsap Mental Health Services, 1988, Bremerton, Washington.
- Inpatient treatment of borderline personality disorder. Lectures in the School of Nursing, University of Washington, 1988-89, Seattle, Washington.
- Dialectical behavior therapy for borderline personality disorder. Workshop presented (with M. M. Linehan) to the New Hampshire Hospital, 1991, Concord, New Hampshire.
- Dialectical behavior therapy in inpatient and outpatient settings. In-service lectures presented to the Division of Social Work, New York Hospital-Cornell Medical Center, 1992, White Plains & New York, New York.

Dialectical behavior therapy for borderline personality disorder. Lecture presented to the Department of Psychiatry, FDR Veterans Administration Hospital, 1993, Montrose, New York.

Dialectical behavior therapy in inpatient and outpatient settings. Lecture in the School of Social Work, Columbia University at SUNY Purchase, 1993, Purchase, New York.

Dialectical behavior therapy for borderline personality disorder. Workshop presented (with H. Heard) to the Saint Joseph Hospital, 1993, Reading, Pennsylvania.

Cognitive behavioral treatment of patients with borderline personality disorder. Grand Rounds lecture presented to Hudson River Psychiatric Center, 1994, Poughkeepsie, New York.

Cognitive behavioral treatment of patients with borderline personality disorder. Professor Rounds lecture presented to Memorial Sloan Kettering Cancer Center, 1994, New York, New York.

Dialectical behavioral family therapy. Grand Rounds lecture presented (with P. Hoffman & P. Martin) to St. Vincent's Hospital, 1994, Harrison, New York.

Dialectical behavioral family therapy. In-service lectures presented (with P. Hoffman & P. Martin) to the Division of Social Work, New York Hospital-Cornell Medical Center, 1994, White Plains, New York.

Inpatient and Outpatient Treatment of Persons with Borderline Personality Disorder Using Dialectical Behavior Therapy: Devising a System of Managed Care. Workshop presented (with C. Foertsch) to Connecticut Department of Mental Health Agencies, 1995, Middletown, Connecticut.

From Self-Destructiveness to Skill Development: A Cognitive Behavioral Approach to Borderline Personality Disorder. Workshop presented (with C. Foertsch and C. Swenson) to Connecticut Department of Mental Health Agencies, 1995, Meriden, Connecticut.

Dialectical behavior therapy for borderline personality disorder. Workshop presented (with C. Swenson) to the Central New York Psychiatric Center, 1995, Marcy, New York.

Introduction to dialectical behavior therapy for borderline personality disorder. Workshop presented (with C. Foertsch) to Connecticut Department of Mental Health Agencies, 1995, Middletown, Connecticut.

Dialectical behavior therapy for borderline personality disorder in prison settings. Workshop presented at the Fishkill Corrections Training Center, 1995, Fishkill, New York.

Inpatient application of dialectical behavior therapy. Grand Rounds lecture presented to Northern Virginia Mental Health Institute, 1995, Falls Church, Virginia.

Dialectical behavior therapy for borderline personality disorder and drug dependency. Workshop presented (with L. Dimeff) to the Jellinek Institute, 1996, Amsterdam, Netherlands.

Inpatient application of dialectical behavior therapy for drug dependency and borderline personality disorder. Grand Rounds lecture presented to Northern Virginia Mental Health Institute, 1996, Falls Church, Virginia.

Dialectical behavior therapy for borderline personality disorder. Workshop presented (with M. Moorhead) to the G. Pierce Wood Memorial Hospital, 1997, Arcadia, Florida.

The behavior therapy foundation of dialectical behavior therapy. Workshop presented (with C. Swenson) to the Connecticut Department of Mental Health Agencies, 1997, Hartford, Connecticut.

Introduction to dialectical behavior therapy for borderline personality disorder. Workshop presented (with C. Foertsch) to Western Massachusetts Department of Mental Health Agencies, 1997, North Hampton, Massachusetts.

Cognitive-behavioral treatment of borderline personality disorder. Lectures and seminars presented at The Third Annual Santa Fe Psychiatric Symposium, 1997, Santa Fe, New Mexico.

Cognitive-behavioral treatment of borderline personality disorder. Lecture presented in the Baltimore VAMC Internship Colloquia, 1997, Baltimore, Maryland.

Dialectical behavior therapy across inpatient and outpatient settings. Grand Rounds lecture presented to Northern Virginia Mental Health Institute, 1997, Falls Church, Virginia.

Introduction to dialectical behavior therapy for borderline personality disorder. Lecture presented to Fairfax County Community Mental Health Center, 1998, Mount Vernon, Virginia.

Introduction to dialectical behavior therapy for borderline personality disorder. Lecture presented to Fairfax County Community Mental Health Center, 1998, Falls Church, Virginia.

Dialectical behavior therapy for borderline personality disorder. Lecture presented to Veterans Administration Readjustment Counselor Training, 1998, Baltimore, Maryland.

Dialectical behavior therapy: An empirically supported treatment for borderline personality disorder. Lecture presented to Washington VA Psychology Service, 1999, Washington, DC.

Dialectical behavior therapy: An empirically supported treatment for borderline personality disorder. Lecture presented to Washington Behavioral Health Care Psychology Trainees, 1999, Washington, DC.

Dialectical behavior therapy in the psychiatric hospital. Lecture presented to Washington Behavioral Health Care Psychology Trainees, 2000, Washington, DC.

Relentless compassion: Dialectical behavior therapy with borderlines. Workshop presented to the Psychotherapy Networker Symposium, 2001, Washington, DC.

Dialectical behavior therapy in the university psychiatric center. Grand Rounds lecture presented to the Student Health Services, University of Maryland, 2001, College Park, MD.

Introductory dialectical behavior therapy. Workshop presented for the American School of Professional Psychology Continuing Education Program, 2001, Arlington, VA.

Treatment strategies with BPD clients: A brief introduction to dialectical behavioral therapy. Workshop presented at Mary Washington Hospital, 2001, Fredericksburg, VA.

The behavior therapy foundation of Dialectical Behavior Therapy. Lecture presented to the Behavior Therapy Center of Washington, 2002, Silver Spring, MD.

Understanding DBT. Lecture presented to the Borderline Personality Disorder Education and Support Group of the Greater Washington Area, 2002, Bethesda, MD.

Introduction to dialectical behavior therapy. Workshop presented to the Center for Student Support Services, 2002, Washington, DC.

Dialectical Behavior Therapy in forensic settings. Lecture presented to Patuxent Institute, 2002, Jessup, MD.